

EARTH DAY 2019

PROTECT OUR SPECIES

SENSE GROUP



EARTH DAY NETWORK

<https://www.earthday.org/>

Earth Day Network works year round to solve [climate change](#), to [end plastic pollution](#), to [protect endangered species](#), and to broaden, educate, and activate the environmental movement across the globe.

<http://www.rachelcarson.org/>



“In nature, nothing exists alone.”

— [Rachel Carson](#), 1962

Rachel Louise Carson (May 27, 1907 – April 14, 1964) was an American [marine biologist](#), author, and [conservationist](#) whose book [Silent Spring](#) and other writings are credited with advancing the global [environmental movement](#).

TOOLKITS

WOMEN
&
[2030 AGENDA](#)



AT SCHOOL

By Adam Schubak



Cavan Images/Getty Images

Leave the Car at Home

It's never been easier to ditch your car. Organise a carpool [with co-workers](#), use a [rideshare app](#), take public transport, or be the most health-conscious and ride a bike. Less cars on the road not only means less air pollution, it also means less traffic. Not to mention all of the petrol money you'll save!

Democratic Participation: Sustainable Schools



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Calculate Your Carbon Footprint

Determining the [amount of CO2](#) you produce through your daily routine is the first step to fixing it. This is one of those things you can't "un-know" once you know. Warning: The results come with a little side of guilt.

[Exactly How to Read Plastic Recycling Symbols](#)





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Give Your Home a "Green" Makeover

Going "green" doesn't necessarily require you to get on your roof to install solar panels. There are little switches you can make, like buying [energy-efficient light bulbs](#) that could even save you a few euros in the long run.

RELATED: [How to Dispose of Everything, Including Old Mobile Phones, Mattresses, and Batteries](#)

We all do it from time to time. If you stop and think about it though, there are few opportunities that require you to leave the water running. [Brushing your teeth](#) isn't one of them.



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Start a Garden

Developing [your green thumb](#) can save you money and reduce food waste. Even something as simple as an herb garden on your windowsill is a great start.

RELATED: [5 Super Simple Ways to Reduce Food Waste at Home](#)



Ariel Skelley/Getty Images



Rafa Elias/Getty Images

Shop at a Farmer's Market
If you can't grow it yourself, at least shop locally. Buying produce farmed near your home usually gives you access to better quality food than you find at a grocery store. You can speak to the farmer's directly to learn more about the food and you're supporting small business.



CHECKING

Which of your actions correspond to the 17 SDG?



CHECKING

Which of your actions correspond to Democratic Participation?

eTwinning promotes active participation of students, teachers, and head teachers in collaborative activities. With its expanding network of schools, eTwinning can make an even bigger step and promote dialogue between schools, parents and their local communities.

Through eTwinning, teachers create projects that develop inclusion, freedom of speech, and promote a democratic dialogue that is governed by openness, accountability, effectiveness and coherence.



SENSE GROUP

EARTH DAY CAMPAIGN



Join a group that is focused on taking care of the environment and see how you can help

<https://groups.etwinning.net/7620/home>

SENSE Group. You know it makes sense. 365 days to work for the benefit of the Planet

